



## Lesson Plan

## CYCLE THE COAST

Time Allocation

90 mins



Age Range

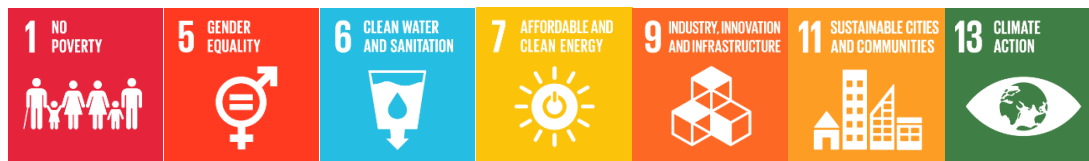
10-14

*“Exploring is the driving force behind humankind.”* Kate Leeming

### Learning Outcomes: Lesson Snapshot

- Research and gain information about Namibia
- Describe who Kate Leeming is and why she is an explorer
- Explain what her goals are by embarking on this expedition

<https://www.globalgoals.org/>



This lesson has two parts:

1. What makes an explorer and who is Kate Leeming?
2. What is the Namibia expedition about?

### LEARN

#### Part One: - What is an explorer?

Why do people explore?

1. Give students sticky notes and ask them to write down two or three ideas for each question then to place their sticky notes under each question on board or chart. What is an explorer/ Why do people explore?
2. Explorer Character strengths: Brainstorm as a class- What characteristics do explorers demonstrate? Write students responses on chart/ board.  
Some suggestions that students might think of:  
e.g. focus, conviction, perseverance, curiosity, risk taker, independence, leadership, problem solving, resilience.
3. In pairs ask students to list all the explorers they can think- historical and modern day. They might like to look at this link in pairs or as a whole class.

<https://www.nationalgeographic.org/find-explorers/>



## Breaking the Cycle Education – Namibia Expedition

4. Compare past and present explorers – what has changed over time- technology- but the reasons for exploring new frontiers has stayed the same.
5. Introduce Kate Leeming. Show students introductory clip on Kate. <http://bit.ly/2PyFc21> -
6. Discuss – Why do you think Kate is an explorer? What characteristics does Kate portray?
7. Ask students can people develop these characteristics?

### THINK

Learning Activity- Newspaper Article.  
Students write a newspaper article on Kate.  
<http://www.breakingthecycle.education/>

Students to envision why Kate is on this mission? Stress that students are not expected to have all the “right” answers just yet- but to challenge their thinking about the following questions.

- Who is Kate Leeming? Why is Kate an explorer?
- What is the purpose of Kates mission?
- Why is she passionate about the Sustainable Development Global Goals?
- What questions do you have for Kate?
- Put yourself in Kates shoes- how would you feel?

### **Part Two: Namibia**

It is important for students to understand some background information about Namibia.

Ask students to conduct some research on Namibia, in particular the Skeleton Coast.

Where it is? Why is it known as the Skeleton Coast? What is Kate’s expedition about?

Ask Students in small groups to jot down some interesting information.

What do I know? What would I like to know?

Kahoot- a fun interactive game to reinforce information about Namibia. <http://bit.ly/2ZKWPR1>

Some websites for research.

<http://www.breakingthecycle.education/expeditions/the-skeleton-coast-namibia/>

<https://www.kids-world-travel-guide.com/namibia-facts.html>

<https://kids.kiddle.co/Namibia>

### ACT

What can students and schools do?

- Spread the word- Make a keynote, poster to share with other students
- Present at your school’s assembly about Kate’s expedition
- Ask a student to write a piece for the school’s newsletter



## Breaking the Cycle Education – Namibia Expedition

### Conclusion Activity:

Invite students to share their ideas on what a Global Citizen is on Flipgrid



<https://flipgrid.com/4277000f>

Add yourself to the map on the Home Page <http://www.breakingthecycle.education>